

# Cosmetic Dentistry

## INTRINSIC STAINS

Stains beneath the tooth enamel are known as **intrinsic stains**. This type of staining is commonly caused by:

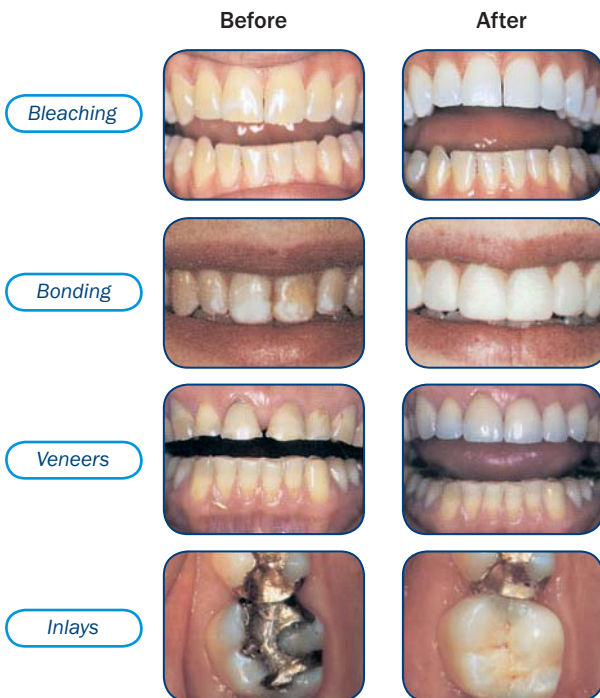
- Aging
- Defects within the tooth
- Use of certain antibiotics during tooth development
- Smoking

Also, your diet can affect the brightness of your smile. The following foods and beverages often cause tooth stains:

- Tobacco products
- Coffee
- Tea
- Red wine
- Colored juices
- Curry
- Soy
- Cola drinks
- Minerals in well water

## WHITENING OPTIONS

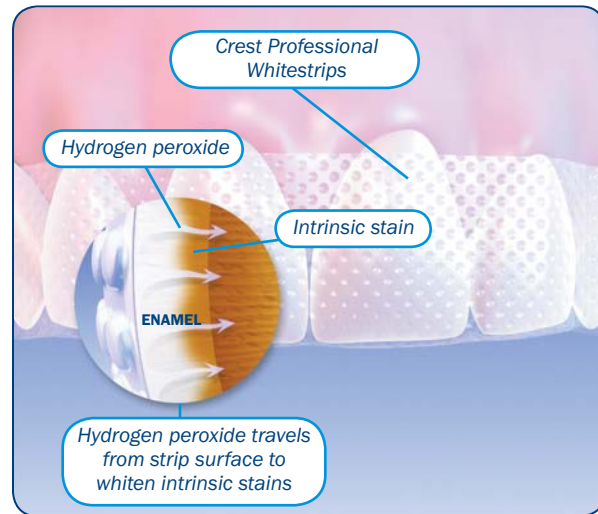
If you are concerned about the color of your teeth, ask your dentist or hygienist about various options for tooth whitening, including:



## CREST PROFESSIONAL WHITESTRIPS

Whitening Technology that gives you noticeably whiter teeth

- Crest® Whitestrips contain hydrogen peroxide, which gets at stains beneath the tooth surface
- Thin, clear, flexible strips adhere directly to teeth
- Just 30 minutes, twice a day for 3 weeks



Color improvement over 21 days' use

